



1. TITLE OF THE CERTIFICATE (NL)

Diploma Beroepsonderwijs
Kwalificatie: Voeding- en leefstijladviseur
 In the original language

2. TRANSLATED TITLE OF THE CERTIFICATE (EN)

Certificate Senior Secondary Vocational Education
Qualification: Nutrition and lifestyle consultant
 This translation has no legal status

3. PROFILE OF SKILLS AND COMPETENCES

Core task 1: Offering Sports and exercise (SE) programme for a healthy/healthier way of living

- 1.1 Determines the initial situation and the objectives
- 1.2 Sets up a programme for a healthy/healthier lifestyle
- 1.3 Works on structural maintenance of healthy lifestyle
- 1.4 Coaches and supervises customers/clients

Core task 2: Supports the use of food and nutrition

- 2.1 Familiarises oneself with the customer/client demand
- 2.2 Advises client on the use of food and nutrition
- 2.3 Presents nutritional information
- 2.4 Participates in projects (research, events, education, etc.)
- 2.5 Develops oneself in the field of nutrition and education in the chain

Core task 3: Refreshes and improves kitchen service

- 3.1 Develops new dishes
- 3.2 Carries out menu engineering

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

The Nutrition and lifestyle consultant works (in service or self-employed) in organisations where nutrition and lifestyle play an important role. This may include slimming studios or catering companies, company restaurants, nutrition clinics, fitness centres, nutrition centres in hospitals and nursing homes.

The target group for the Nutrition and lifestyle consultant is diverse. It ranges from young people with weight problems, the elderly who need to regain the enjoyment in healthy diet, persons recovering from illness, families or individuals forced to work with a limited budget through to clients wishing to bring about a long-term change in their dietary pattern and lifestyle.

*** Explanatory note**

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information is available at: <http://www.europass.cedefop.europa.eu/>

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5. OFFICIAL BASIS OF THE CERTIFICATE

<p>Name and status of the body awarding the certificate The certificate issued on completion of the programme is signed by the examination board at the school where the pupil attended the programme.</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate Ministry of Education, Culture and Science</p>																				
<p>Level of the certificate (national or international) Qualification level 4 of the Dutch VET qualification structure Characteristics: non-job related skills such as tactical and strategic capacities. The professional bears his or her own responsibility, which is not only related to practical implementation in terms of monitoring and supervision, but also a more formal, organisational responsibility. The range of tasks also includes drafting new procedures. NLQF level 4 - EQF level 4 - ISCED 3A</p>	<p>Grading scale / Pass requirements</p> <table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 10%;">10</td><td>excellent</td></tr> <tr><td>9</td><td>very good</td></tr> <tr><td>8</td><td>good</td></tr> <tr><td>7</td><td>very satisfactory</td></tr> <tr><td>6</td><td>pass</td></tr> <tr><td>5</td><td>fail</td></tr> <tr><td>4</td><td>unsatisfactory</td></tr> <tr><td>3</td><td>very unsatisfactory</td></tr> <tr><td>2</td><td>poor</td></tr> <tr><td>1</td><td>very poor</td></tr> </table>	10	excellent	9	very good	8	good	7	very satisfactory	6	pass	5	fail	4	unsatisfactory	3	very unsatisfactory	2	poor	1	very poor
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<p>Access to next level of education/professions With a diploma at qualification level 4, transfer is possible to higher professional education. It is possible to transfer to the study programmes: Nutrition and diet; Sport, health and management (sports sciences); Lecturer knowledge manager nutrition, Food & technology; and Physiotherapy.</p>	<p>International agreements Nutrition and lifestyle consultant is not a regulated profession in the Netherlands. However, the education and training for this profession on qualification level 4 is regulated under the European directive 2005/36/EC, amended by directive 2013/55/EU. The regulated education and training gives access to regulated professions at the level of a diploma according to article 11 of this directive.</p>																				
<p>Legal basis Adult and Vocational Education Act (WEB), registered number of qualification (crebo): 26024</p> <p>The cross-over qualification may only be offered by the educational institution if it has received a decision from the Minister of Education, Culture and Sciences permitting it to offer the cross-over qualification.</p>																					

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

<p>Senior secondary vocational education features two learning pathways: the school-based pathway (bol) and the training on the job pathway (bbl). In the school-based pathway, the majority of the course consists of theory at school. The extent of the practical component (vocational practice) is between 20% and 60%. In the training on the job pathway, the extent of vocational practice is at least 60% of the course. The participant works four days a week in a training company, and attends school for theory subjects just one day a week. In principle it is possible to follow both learning pathways, but which pathway is offered will depend on the individual educational institution.</p>	
<p>Average duration of the education/ training leading to the certificate</p>	<p>3 years (4800 study hours) (depending on previous education)</p>
<p>Entry requirements The certificate preparatory vocational secondary education (vmbo) advanced vocational programme, combined programme, or theoretical programme, or a comparable level.</p>	

7. ADDITIONAL INFORMATION

Dutch senior secondary VET is based on qualification files, that each contain one or more qualifications. The information included in part 3 and 4 is derived directly from the qualification file determined by the Minister of Education, Culture and Science. The complete qualification file can be found at <https://kwalificaties.s-bb.nl/>, only in Dutch.

Optional subjects are linked to the qualification. The optional subjects have a total size of 15% of the course duration. The optional subjects completed by the student are listed on the certificate.

Additional information, including a description of the Dutch national qualifications system, is available at the Netherlands National Reference Point (NRP): www.s-bb.nl. The NRP is the information centre for vocational qualifications in the Netherlands. SBB has been appointed in this capacity by the Ministry of Education, Culture and Science.